

February School News

Immaculate Conception School: Rewards for Life

“Let the children come to me, and do not stop them because the Kingdom of God belongs to such as these.”

Matthew 10:14

Mrs. Struempf’s News

As I reflect over this past week of Catholic Schools Week events, I find myself reflecting what it means to be part of a Catholic school. For me it means many exhausting hours, never being caught up, having a messy desk, facing daily challenges, trying to make a difference, and always remembering that I do this for Jesus and the children of God.

I ask all of you the same. Why are your children at I.C.? It is my hope that you answer this for many reasons; for a good education, for the friends you and your children have made at I.C. and for the positive environment of the school. However, I hope and pray that the

most important reason you send your children to I.C. is for an excellent Christian education.

If that is the most important reason I then ask you, are you holding up your end of the bargain? Are you raising your children in faith? Do you take them to church on Sundays? Are you teaching them of the traditions of your faith? Are you making sure you are also nurturing your faith life? We at Immaculate Conception School have something no public school has. We have the luxury and privilege to share our faith, and to pray at



“Let the children come to me”

school. This is what makes us different from any public school. This is a privilege I ask you to embrace.

If the most important reason is not faith, then I believe you are not caring for your children in the best manner that you can. In today's world no child should grow up without faith. When they are faced with the ugly truth of the world, where will they turn if they have no faith? When they don't feel they can turn to you, where will they turn? I ask that you prayerfully reflect on this. As Jesus instructs the apostles, let the children come to me.

Mrs. Struempf

Upcoming Dates:

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| Valentine Sale | 2/9-12 |
| Diocesan Principals' Meeting | 2/11 |
| First Eucharist Parent Orientation at 7 PM in Church | 2/11 |
| Valentine's Day Party-2:00 pm Progress Reports Distributed | 2/12 |
| School in Session- 3rd Make-up Snow Day | 2/15 |
| Friends of the Earth-3:20-4:15 pm | 2/16 |
| Ash Wednesday All School Mass | 2/17 |
| TLC 3:20-4:15 pm | 2/18 |
| Lunch w/Principal-Kindergarten | |
| Alice in Waterland - 1:00 & 1:45 | 2/19 |
| BUG Dress Down Day | 2/23 |
| Lunch w/Principal-Pre-Kindergarten | 2/25 |



Immaculate Conception School: Rewards for Life

Catholic Schools Week seemed to be a wonderful success. We were able to see many familiar faces throughout the week beginning with the Mass on Saturday evening, and Mass on Monday morning. During the All School Mass, Mike Shepard was honored as Outstanding Alumni Award. Chelle, Mike's wife, accepted the award on his behalf. Mike was a great supporter of the parish, school, and athletics of I. C. Through his dedication on the Parish Council, Home and School, coaching of bas-

ketball, and I. C. athletic committee, Mike was an excellent inspiration to many who knew him. Mike was also an active member of the Helias Athletic Boosters and Knights of Columbus as well.


We also were able to see familiar faces through the parent luncheon and the volunteer breakfast. It was wonderful to have so many visitors throughout the week.

Unfortunately, Friday ended suddenly with an early dismissal at 1:30 but fortunately it wasn't before the students were able to enjoy

their lunch of McDonald's cheeseburgers. I know many were disappointed by missing out on the volleyball game between the students and faculty.

The Chili Supper seemed to be a great success with the Art Show and the Music Performance of the first through third grade students. Miss Kristy Braswell did an excellent job with the students.

Thanks to Randy and Sue Arnold for the work they put into chairing the chili supper. Thanks also to all those who helped make the week such a wonderful success!



School will be in session the following days due to use of snow days:

Monday, February 15
Thursday, April 1
Tuesday, April 6

AR Total: 17,211.0 points

School Wide Goal:

25,000 points

KEEP READING!

Music Update:

Please welcome Ms. Kristy Braswell to our teaching staff who will be helping out Mrs. Moore in the afternoons for grades 1-4. Her email address is kbraswell@icangels.com if you need to get in touch with her.





School Nurse Notes:

Hearing Protection – What Can Parents Do

Today our world is full of noise. At home, there is the noise from the television, the home phone, the cell phone, the iPod, the computer, and the Wii. Outside your home, you can hear street sounds (trucks, cars, motorcycles), ambulance or other emergency vehicle sirens, dogs barking, and snow blowers. Then there are the special events – concerts, movies, plays, bands. So noise is everywhere. According to the National Institute of Health (NIH), this noise is getting louder.

Noise-induced hearing loss is preventable. Excessive sound exposure damages hearing by over stimulating the tiny hair cells within the inner ear. It can occur gradually over time. Even a small loss of hearing can affect a child's quality of life. The ability to hear well helps children succeed in school, in sports and other activities, and in relationships. Once hearing is damaged by noise, it is permanently lost and cannot be repaired. (Hearing aides amplify sound, but do not repair hearing loss.)

NIH on its web site www.noisyplanet.nidcd.nih.gov has some suggestions for parents to

protect their children's hearing. These include:

- Be aware of sources of potentially damaging sounds. Common electronic devices around the home, as power tools and music players, can reach unsafe noise levels. Proximity to the sound and how long the sound continues matter. The louder the sound, the shorter the time before damage can occur.
- Close window and doors against potentially harmful sounds, as leaf blowers, lawn mowers, power tools and sirens.
- Place hearing protectors (earplugs or earmuffs) where they are most likely to be needed, as near the power mower or on the tool bench.
- Place red stickers on objects that may reach unsafe decibel (sound) levels. Remind your family that the sticker means they should reduce the time around these objects or wear hearing protectors.
- Tape a volume scale on your TV, remote control or stereo to show at what sound level they can listen to it safely.
- Set the maximum volume on your child's music player (MP3, iPod) to a safe level.
- Limit the number of number of noise sources in operation at any one time.

- Create ways to muffle the noise of chores. For example, close the door between family members and appliances in use, as the laundry room

- To protect your hearing, you and your child can:

Wear earplugs or other ear protection to BLOCK the noise

Walk away and AVOID the noise
TURN DOWN the volume

So make your home a peaceful place. Teach your children about protecting their hearing from excessive noise. The result will be good for your hearing and your health.

Immunization Reminder

The school has been notified by the Missouri Department of Health and Senior Services that effective for the 2010-2011 school year the following requirements will be implemented:

- Tdap will be required for all incoming eighth grade students
- 2nd dose of varicella (chickenpox) vaccine will be required for all incoming kindergarten students, and schools may accept only a written signed statement from a doctor of medicine or doctor of osteopathy as documentation of proof of varicella (chickenpox) disease



for all incoming kindergarten students.

- For preschool age children, there is a reinstatement of Haemophilus influenzae Type B (Hib) Booster dose. This booster dose is to be given to children 12-15 months who have completed the primary series. Older children for whom the booster was deferred should receive the booster dose at the next routinely scheduled visit.

New Web Site

A new web site has been launched by the American Academy of Pediatrics. It is www.healthychildren.org. This web site has answers to questions about specific condition, as well as general guidance. Current hot topics on the site are: "Examining Baseball and Softball Injuries", and "Fiction Can Inspire Teen Girls to Manage Weight". It has information from prenatal to young adult.



Second Grade Received the Sacrament of Reconciliation!

Congratulations to the second grade who received their First Reconciliation! Their Penance service was celebrated on Thursday, February 4th. The students have prepared a long time for this day. We are so proud of you. Way to Go Second Grade!



Immaculate Conception Band Students Honored

Matthew Branch, 7th grade Mallets

On Saturday, January 23, ten members of the Catholic Interparish Grade School Band of Jefferson City performed with the Central District Honor Bands in the auditorium of Waynesville Senior High School, Waynesville, MO.

From Immaculate Conception School:

Weston Harris, 8th grade Tenor Saxophone

Of those students, Matthew Branch earned first chair placement within his instrumental section, after auditioning with over 180 students from over twenty other schools in the district. Instrumentalists who participated in the event spent the entire day rehearsing before performing a concert at 5:00 pm to a packed auditorium.

Parents, did you know that you can get points for our school, if you have a Gerbes Shopper Card? Just go to www.elabelsforeducation.com to register for e-Labels for Education. Set up your account by entering your Shopper Card Number in addition to answering a few simple questions. Then choose which school will receive your points.

Earn: Now, every time you shop at your favorite supermarket*, and purchase any eligible *Labels for Education* products, total points earned will be credited to our school's *Labels for Education* account automatically.

Also, if you look at the "Box Tops for Education" portion of their web site, you can earn bonus box tops for us, too. Thanks oodles for helping our school in even more ways.